

Prayer Hour Wheel

Pray through each section of this guide for six minutes.



Praise and Worship

Sing songs of praise you know by heart. (“Holy, Holy, Holy,” “Amazing Grace,” “The Doxology”) “Let us come into his presence with thanksgiving; let us make a joyful noise to him with songs of praise!” Psalm 95:2

Quiet Your Heart

Create space for God’s activity. This is a time for resting in God, enjoying His company, and allowing intimacy to deepen.

Confess Guilt and Sin

Ask God to reveal to you the sins that have been weighing you down lately. Take time to let God reveal those to you. Whatever is revealed, ask God for forgiveness. Thank God for His mercy and grace that will be present to the end!

Pray the Lord’s Prayer

Pray the way Jesus modeled. Linger in these words. “Our Father in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil.” Matthew 6:9–13

Be Still

Be still, silent, and listen for His voice. Pray for a calm mind and no distracting thoughts. Your stillness is your prayer. “Be still and know that I am God.” Psalm 46:10

Pray for Our Goers

Pray for those who have been sent and will be sent to share the gospel (our people, goers, and church planters). “How beautiful upon the mountains are the feet of him who brings good news...” Isaiah 52:7

Pray for the Unreached

Pray for those around the world who have yet to hear about Jesus. Whatever country comes to mind, pray that the gospel would reach its people.

Pray for Our Church and Community

Spend time praying for specific people and circumstances in our church and surrounding community.

Thank Him

Think of a current part of your life that feels sweet. Consider and celebrate its goodness with gratitude to the Lord. “Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in him!” Psalm 34:8

Declare Your Amen

Believe that God has heard you and will answer you. “Amen” means “it is true and sure, so shall it be.” Conclude this hour by praying, “Yours is the kingdom and the power and the glory forever. Amen.”